

A STRESS, TRAUMA, AND RESILIENCE SEMINAR
PRESENTED BY THE DIVISION OF POPULATION BEHAVIORAL HEALTH

FIND YOUR VOICE IN LEADERSHIP: SPEAK WITH CLARITY AND LISTEN WITH INTENT

Darnell Smith, BS

WEDNESDAY, SEPTEMBER 16 | 9:00-10:00AM

[Click here to register on the Wellbeing for LA Learning Center](#)

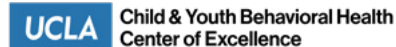
This seminar will be held online.



LEARNING OBJECTIVES:

1. Describe the components of effective communication in everyday interactions.
2. Explain best practices in communicating with clarity and efficiency as a part of leadership.
3. Integrate active listening into leadership styles.

A recording with closed captioning will be available on the STAR Seminar web page at <https://dpbh.ucla.edu/star-seminar/>.



1.0 Continuing Education Credits Available.

UCLA Division of Population Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists.
UCLA Division of Population Behavioral Health maintains responsibility for this program and its content.