

**7:15–8:00 AM | Breakfast**

**8:00–8:10 AM** | Welcoming Remarks Day 1: Conference organizers welcome Helen Lavretsky (Chair, UCLA) welcomes attendees and opens the event

**8:10–8:20 AM** | Sahib Khalsa (Co-Chair, UCLA) and Indira Subramanian (Co-Chair, UCLA) What is Brain Health? Integrating Perspectives from Neurology and Psychiatry

**8:20–8:35 AM** | UCLA Leadership remarks:

Dean, UCLA School of Medicine: Associate Dean for Research, Stephen Smale (5 min)

Department chairs, UCLA Psychiatry and Neurology: Helena Hansen (5 min) and Tom Carmichael (5 min)

**8:35–9:35 AM** | Global Brain Health and Policy Keynote Panel:

- 8:35-8:45 am | Introductory Remarks  
Steve Carnevale (California Commission on Behavioral Health)
- 8:45-9:05 am | Building the Global Brain Economy  
Harris Eyre (Global Brain Economy Initiative, Rice University)
- 9:05-9:15 am | The Emerging Brain Economy Science  
Alice Luo Clayton (McKnight Brain Research Foundation)
- 9:15-9:30 am | The World Federation of Neurology and Brain Health  
Steven Lewis (President, World Federation of Neurology)
- 9:30-9:35 am | Panel Q&A

**9:35–10:00 AM** | Keynote Lecture 1 (20 minutes with 5 min Q&A):

Brain Health Across the Lifespan: From Neurodevelopment to Neurodegeneration

Dan Geschwind (Senior Dean, Vice Chancellor for Precision Medicine, UCLA)

**10:00–10:15 AM | Coffee Break**

**10:15–11:30 AM** | Brain Health Science Panel 1

Measuring Brain Health: Envisioning A Brain Health Index

Helen Lavretsky (UCLA), Olusola Ajilore (Univ Illinois-Chicago), Elaine Hsiao (UCLA), Bijan Najafi (UCLA), Xavier Cagigas (UCLA/Los Angeles County Department of Mental Health), Christina Ramirez (UCLA). Moderator: Alice Luo Clayton (McKnight Brain Research Foundation)

***11:30 AM–12:45 PM | Lunch & Networking***

**12:45–1:05 PM | Keynote Lecture 2 (15 minutes with 5 min Q&A)**

Value-Based Brain Healthcare

Susan Armiger, President & CEO, Catalight; Moderator: Christopher Giza (UCLA)

**1:05–1:25 PM | Keynote Lecture 3 (15 minutes with 5 min Q&A)**

The role of philanthropy in expanding the vision of brain health and critical infrastructure: BD<sup>2</sup> as a case study

Cara Altimus (Milken Institute)

**1:25–2:25 PM | The role of philanthropy in funding new Brain Science**

Alice Luo Clayton (McKnight Brain Research Foundation), Nancy Keach (BrightFocus Foundation), Kelly O'Brien (West Health Institute), Moderator: Kana Enomoto (McKinsey Health Institute)

**2:25–3:40 PM | Brain Health Science Panel 2**

Modifiable Lifestyle Factors across the lifespan

Jack Feldman (UCLA), Gina Poe (UCLA), Zhaoping Li (UCLA), Joshua Goldman (UCLA), Fadel Zeidan (UCSD). Moderators: Jack Feldman and Zaldy Tan (Cedars Sinai)

***3:40–3:55 PM | Coffee Break***

**3:55–5:25 PM | Art, Creativity, and Brain Health Mini Panels**

- 3:55–4:25 pm | Mini Panel 1: Music and Brain Health: Assal Habibi (USC), Kenneth Wells (UCLA). Moderator: Alex Leow (U. of Illinois- Chicago)
- 4:25–4:55 pm | Mini Panel 2: Visual arts and Dance: Marjani Forté-Saunders and Karla Diaz. Moderator: Eraka Bath (UCLA)
- 4:55–5:25 pm | Mini Panel 3: Jake Broder (Global Brain Health Institute). Moderator: Gina Poe (UCLA)

**5:25–5:30 PM | Closing Remarks – Lavretsky, Khalsa & Subramanian**

**5:30–7:00 PM | Networking Reception – Luskin Ballroom (Invitation Only)**

***7:15–8:15 AM | Breakfast***

**8:15–8:30 AM | Welcoming remarks**

Helen Lavretsky (Chair) and Sahib Khalsa and Indira Subramanian (Co-Chairs)

**8:30–8:50 AM | Keynote Lecture 4 (15 minutes with 5 min Q&A):**

The Human Advantage: Stronger Brains in the Age of AI

Kana Enomoto (McKinsey Health Institute)

**8:50–9:10 AM | Keynote Lecture 5 (15 minutes with 5 min Q&A):**

Improving Brain Health at Scale

Jürgen Unützer (University of Washington)

**9:10–9:30 AM | Keynote Lecture 6 (15 minutes with 5 min Q&A):**

Bigger is Better: Texas Brain Economy Goes West

Jochen Reiser (University of Texas Medical Branch)

**9:30–10:30 AM | Brain Health Mini Panel**

Elevating the Patient and Caregiver Voice

Mark and Pam Sennet, Sandy Gleysteen, James Keach: Discussant: Linda Ercoli

***10:30–10:45 AM | Coffee Break***

**10:45 AM–12:00 PM | Brain Health Science Panel 3**

Brain Health in Neurologic Disorders

Jason Hinman (UCLA), Indira Subramanian (UCLA), Andrew Charles (UCLA), Raj Mazumder (UCLA), Lee Goldstein (Boston University). Moderators: Jason Hinman and Indira Subramanian

***12:00–1:15 PM | Lunch***

**1:15–2:30 PM | Brain Health Science Panel 4**

Brain Health in Childhood: Exposures and Neurodevelopmental Considerations

Christopher Giza (UCLA), Shafali Jeste (UCLA), Shannon Thyne (UCLA/LA County Department of Health Services), Rujuta Wilson (UCLA), Moderator: Christopher Giza

**2:30–2:50 PM | Keynote lecture 7 (15 minutes with 5 min Q&A):**

Exposomics and Mental Health: Loneliness vs. Social Connections and Wisdom

Dilip Jeste (International SDOH research network)

**2:50–3:10 PM | Keynote lecture 8 (15 minutes with 5 min Q&A):**

Restoring Hope: Addressing the Disaster Behavioral Health Needs of Children and Families

Melissa Brymer (UCLA)

***3:10–3:25 PM | Coffee Break***

**3:25–4:40 PM | Brain Health Science Panel 6**

Technological Innovations in Brain Health

Terence Sanger (UC Irvine), Brennan Spiegel (Cedars-Sinai), Ruth O’Hara (Stanford), Amir Rahmani (UC Irvine); Moderators: Sahib Khalsa and Indira Subramanian

**4:40–4:50 PM | Sahib Khalsa and Indira Subramanian**

Brain Health Redefined: Reflections from Neurology and Psychiatry

**4:50–5:00 PM | Helen Lavretsky**

Closing remarks and future directions

## **Organizing Committee - UCLA**

**Chair:** Lavretsky, Helen, MD, MS

**Co-Chairs:** Khalsa, Sahib, MD, PhD & Subramanian, Indira, MD

### **Committee Members:**

Bath, Eraka P., MD

Carmichael, Stanley T., MD, PhD

Churchland, Anne K., PhD

Ercoli, Linda, PhD

Feldman, Jack, PhD

Giza, Christopher, MD

Goldman, Joshua, MD

Hinman, Jason, MD, PhD

Hsiao, Elaine, PhD

Jacob, Suma, MD, PhD

Konopka, Genevieve, PhD

Li, Zhaoping, MD, PhD

Poe, Gina, PhD

Thyne, Shannon, MD

Wells, Kenneth, MD, MPH

**Administrator:** Didiana Huezo

### **External Advisory Committee**

Harris Eyre - Global Brain Economy Alliance

Steve Carnevale - California Behavioral Health Commission

Toby Ewing - Stanford University

Rodrigo Mahs - Catalight Health

Cara Altimus - Milken Institute

Alice Luo Clayton - McKnight Brain Research Foundation

Kana Enomoto - McKinsey Health Institute

Kelly O'Brien - West Health Institute

George Vradenburg - Davos Alzheimer's Collaborative

High Lantern group