

Your heart health matters to us!

Please help us understand how to improve heart health among people living with HIV who have a history of trauma.



We are seeking African American and Latinx participants, aged 18-75, who are living with HIV, speak English or Spanish, and would like to participate in a UCLA research study about improving heart health.

To find out if you are eligible to participate, you need to complete a brief screening that asks about cardiovascular risk factors and histories of trauma and adversity. Eligible participants can earn \$25 each time they complete our surveys, and \$20 for attending a booster session, for up to \$95 total in gift cards. Those who participate in group sessions may be eligible to receive a Samsung tablet and 6 months of prepaid WiFi.

**IF YOU ARE INTERESTED IN THE
HEALING OUR HEARTS, MINDS AND BODIES
PROJECT, PLEASE CALL AMBER AT 310-206-9860**

Protocol ID: IRB#18-001173 UCLA IRB Approved Approval Date: 7/28/2019 Through: 9/24/2019 Committee: South General IRB

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