

Quotes

“ I was nervous about the workload/expectations associated with my postdoctoral project as conducting research has always been a hard task for me. The research team did an excellent job of talking with me about my interests and experiences with research and really supported me in adapting my project to be something that felt very manageable. They helped me find a project that felt meaningful and manageable for me to complete during my time at TIES. They also were a HUGE help in keeping momentum with my project going when there was a lot of other work that I needed to complete. I had an overall very positive experience with my project at TIES!

- **Gillian Binnie, Psy.D., 2021 - 2022**

“ After just recently completing my dissertation, I was a bit skeptical about a research project. However, after my first few meetings with the research team, it became clear that I wasn't taking on this project alone. This remained true throughout the entire year. As a postdoc, I was balancing a lot of buckets, but my research bucket never felt heavy. Again, a testament to the support I was given.

- **Neko Milton, Psy.D., 2021-2022**



Getting Involved



Monthly Research Meetings



Lead or join a project



Author a manuscript



Present at a conference

EXPLORE OUR RESEARCH!

<https://www.semel.ucla.edu/ties/research>



UCLA TIES for Families

Postdoctoral Project

tiesforfamilies.ucla.edu



Our Research Team

● **Audra Langley, Ph.D.**

Director of UCLA TIES For Families

● **Matthew Ruderman, Ph.D.**

Research and Development Manager

● **Jill Waterman, Ph.D.**

Research Consultant

● **Vanessa Perez, B.A.**

Research Coordinator

Contact Dr. Matthew Ruderman
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with any questions

Recent Projects

● **Christine Moody, Ph.D.**

Examined the impact of collateral therapy model on treatment outcomes and engagement in mental health services

● **Lucia Cardenas, Ph.D.**

Explored the impact of racial injustice & COVID-19 on foster & adoptive youth & their caregivers

● **Gillian Binnie, Psy.D.**

Revamped evaluation of Loss Intervention for Families in Transition (LIFT) services

● **Nekolas Milton, Psy.D.**

Explored factors related to the recruitment & retention of prospective foster & adoptive parents



Expectations

- Welcome to TIES! As a postdoctoral psychology fellow, you will complete a research project during your fellowship year. You have the opportunity to lead new data collection efforts or work from existing projects.

Postdoctoral fellows will use findings from their research project to:

- Prepare a research poster that can be presented at a relevant conference, or
- Prepare an abstract for a manuscript.

Although presenting findings at a conference or contributing to a manuscript is encouraged, the goal is that your research project will inform presentations or papers at TIES moving forward. Additionally, fellows will present their findings at an internal TIES research forum at the end of the training year.

- Lastly, you will attend a monthly individual and team research meeting with the Research Manager.

[Click here for more information](#)

