PEERS® for Young Adults is a 16-week evidence-based social skills intervention for motivated young adults between 18-38 years of age who are interested in learning skills to make and keep friends and develop romantic relationships. This internationally acclaimed program was originally developed at UCLA by PEERS® Clinic Founding Director, Dr. Elizabeth Laugeson. During each group session, young adults are taught important social skills and are given the opportunity to practice these skills. PEERS® may be appropriate for teens with Autism Spectrum Disorder, ADHD, Anxiety, Depression or other social and behavioral challenges. Young adults must be socially motivated and attend each session with a social coach.

Young Adults will learn about:

- Conversational Skills
- Appropriate Use of Humor
- Electronic Communication
- Handling Direct and Indirect Bullying
- Handling Arguments & Disagreements
- Organizing Get-Togethers with Friends
- Dating Skills
- Strategies for Handling Sexual Pressure

For enrollment information, please contact (310) 26-PEERS (310-267-3377) or email: peersclinic@ucla.edu

For more information, please visit our website at www.semel.ucla.edu/peers