I got my COVID-19 shot!

What can I do now?

- Congratulations! You are doing your part to keep yourself, your loved ones, and your community safe.
- Now you can do many things you liked to do before the pandemic like go out with friends and hug family members.
- Share resources with others who have questions.
- Share your story with others. You are an important member of your family and community.
- Share your story on social media. Do not include your vaccination card in your picture. This is to prevent identity theft. Use a sticker or frame around your profile picture instead.

Vaccine Video Stories

- The Tarjan Center and Fiesta Educativa are gathering vaccine video stories.
- Hear how parents, children, doctors and health care workers were affected by the COVID-19 pandemic and why they got vaccinated.
- Videos are in Spanish and English.

Hear one mom talk about how having COVID-19 affected her son with autism and why she got vaccinated. [https://www.youtube.com/watch?v=Y3ybROVu6oc](https://www.youtube.com/watch?v=Y3ybROVu6oc)

Hear one dad talk about how having COVID-19 affected his son with Down syndrome and why he got vaccinated. [https://www.youtube.com/watch?v=eFliBBiWT0U](https://www.youtube.com/watch?v=eFliBBiWT0U)

Hear how Eduardo, a boy who has autism, felt when his mom had COVID-19. [https://www.youtube.com/watch?v=sPj-iAJ_1GU](https://www.youtube.com/watch?v=sPj-iAJ_1GU)

Hear from a doctor who talks about the impact of COVID-19 on the youth. [https://www.youtube.com/watch?v=k1dDBcripNQ](https://www.youtube.com/watch?v=k1dDBcripNQ)

See Ramon’s experience with COVID-19 from his own photos and video documentation. [https://www.youtube.com/watch?v=9hbOc_YDn7Q&t=3s](https://www.youtube.com/watch?v=9hbOc_YDn7Q&t=3s)

Hear how a dedicated convalescent hospital worker was affected by COVID-19 and watching what happened to patients and co-workers who had the virus. [https://youtu.be/hCSk9b-uJJ4](https://youtu.be/hCSk9b-uJJ4)
Artists with Disabilities Share their Stories through Art

- The National Arts and Disability Center (NADC), a program of the Tarjan Center, has launched a vaccine storytelling campaign.
- We invite artists with disabilities to tell why they got the vaccine. They can tell their story through different art. For example, a painting, a story, a video.
- For more information, e-mail Katharine Hayward at khayward@mednet.ucla.edu.

Maria shares her COVID-19 vaccine story and her art.