

Social Skills for Teenagers with Developmental and Autism Spectrum Disorders

The PEERS® Treatment Manual

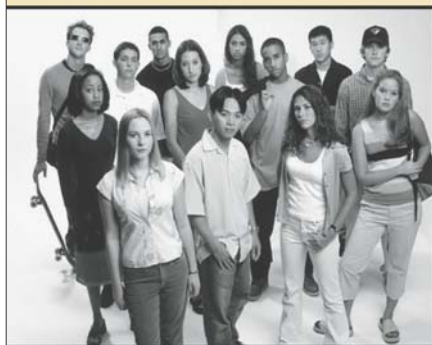
Elizabeth A. Laugeson & Fred Frankel

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UCLA PEERS® CLINIC



Social Skills for Teenagers
with Developmental and
Autism Spectrum Disorders



ELIZABETH A. LAUGESON
AND FRED FRANKEL

THE PEERS TREATMENT MANUAL



This book is essential reading for any clinician or researcher working with teens with autism spectrum disorder. This parent- assisted treatment is a comprehensive, evidence-based, 14-week program, developed at the acclaimed UCLA PEERS® Clinic.

This empirically-supported manual provides an overview of group treatment sessions and strategies for tackling issues such as developing conversational skills, choosing appropriate friends, using humor, planning get-togethers, using good sportsmanship, and handling peer rejection, such as teasing, physical bullying, gossiping, and disagreements. Each session chapter includes handouts, homework assignments, descriptions of what to expect, how to handle challenges in delivering the intervention, and customized tips for both parents and therapists.

"This book provides a very comprehensive, down-to-earth manual for an innovative social-skills intervention for teens with autism spectrum disorders and their parents." Catherine Lord, Ph.D., ABPP

"Laugeson and Frankel have done the field a great service in developing the PEERS program for friendship and social-skills training for adolescents with autism spectrum disorders." Tony Charman, Ph.D.

"Based on scientifically sound research and insightful clinical acumen, this book provides the how-to for successful social-skills groups." Connie Kasari, Ph.D.

2010: 448 pp.

ISBN: 978-0-415-87203-4/\$51.95

PEERS® Certified Training for Mental Health Professionals

Please see our website training page at www.semel.ucla.edu/peers/training for upcoming trainings.

UCLA Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA

This PEERS® Certified Training seminar is designed exclusively for mental health professionals interested in learning how to implement the PEERS® intervention for research or clinical practice.

Attendees at the UCLA PEERS® Training Seminar will receive:

24-hours of intensive didactic instruction on the implementation of PEERS®

Small group training (approximately 20 attendees in total)

4-hours of LIVE OBSERVATION of current UCLA PEERS® parent and teen groups

Role-playing demonstrations of didactic lessons

Video demonstrations of previous PEERS® teen and parent groups

Research and clinical material including assessment protocol and clinical documents

The PEERS® Treatment Manual (2010) and PEERS® Curriculum for School-Based Professionals (2014)

The Science of Making Friends (2013) with companion DVD with role-play videos

Payment: The fee to attend this 3-day training seminar is \$2,200 USD

Registration: Please contact us at peersclinic@ucla.edu or at 310-26-PEERS (310-267-3377)

