If you answered “Yes” to these questions, you might be eligible for the Multi-domain Online Therapeutic Investigation Of Neurocognition (MOTION) study. MOTION is a study that is being organized by the UCLA Late-Life Wellness Center.

Participation will include:

- Cognitive evaluations
- On-line clinical interventions (either Tai Chi, gentle, mindful movement, or Health & Wellness education classes)
- 2 brain MRI scans

If you or anyone you know is interested in participating in this study, you may call Courtney Sheen at (310) 794-9523. You may also contact the Late-Life Wellness Center at LateLifeWellness@mednet.ucla.edu or visit motionstudy.ucsf.edu.