UCLA  
Staglin Music Festival Center for the Assessment & Prevention of Prodromal States (CAPPS)  
Semel Institute for Neuroscience & Human Behavior  
300 UCLA Medical Plaza, Box 696824  
Los Angeles, CA  90095

Program Description:
The Center for the Assessment and Prevention of Prodromal States (CAPPS) is an early intervention/prevention outpatient clinical research program focused on individuals between the ages of 12 and 35 that are at high-risk for developing psychosis. CAPPS patients do not yet meet diagnostic criteria for a psychotic illness, although they are exhibiting some early symptoms of thought disorder (such as suspiciousness, confused thinking, loss of sense of self, unusual auditory and visual perceptions). Often they have some family history of psychotic illness, and diagnostic co-morbidity, typically entering the program with diagnoses of Major Depression, Bipolar Disorder, and/or Anxiety Disorder. We anticipate that they will go on to develop some form of psychosis, and we are working to study and treat the illness as early as possible in order to better understand the early evolution of psychosis as well as to ensure the mildest form of illness expression. At-risk individuals and families participate in a broad range of research activities at CAPPS, which enables them to receive psychiatric care and psychosocial interventions. CAPPS is directed and operated by a multi-disciplinary team of psychologists, psychiatrists, post-doctoral fellows, interns, and graduate student trainees. Tyrone Cannon, Ph.D. is the Center Director, Melita Daley, M.D. is the Medical Director, Carrie Bearden, Ph.D. is the director of Clinical and Neuropsychological Assessment, Jamie Zinberg, M.A. and Sandra De Silva, Ph.D. are the Co-Directors of Psychosocial Treatment.

Current Position Openings:
one to three positions are being offered for the 2011-2012 year. The externship will begin July 5, 2011 and end June 29, 2012. Given the intensive training throughout the month of July, externs are required to be available Monday through Friday, 9am-5pm for this first month. Starting in August, externs will be required to be on site Mondays and one other day per week (9am-6pm) as described above. Some Saturday and evening hours are required.

Resource Allocation:
The externs supervised in the CAPPS clinic program have available office space in the B floor of the Semel Institute on the UCLA Campus, and interview and testing rooms are located in the 300 Building of UCLA Medical Plaza. Appropriate office equipment, including desk, phone, and office supplies, are provided.

Supervision:
Individual supervision- by appointment  
Treatment group supervision - 1.5 hours per week  
Assessment group supervision - 1 hour per week  
Also, we hold a 1.5-hour, multi-disciplinary team meeting, where externs will coordinate their work and make case presentations with a team of psychologists, psychiatrists, masters-level clinicians, pre- and post-doctoral fellows, and graduate students.
Director/Instructor(s):
Sandra De Silva, Ph.D.
Psychosocial Treatment Co-Director
Telephone: (310) 206-2866
CAPPS Clinic Phone: (310) 206-3466
Fax: (310) 794-9517
Email: desilva@psych.ucla.edu

Carrie Bearden, Ph.D.
Associate Professor, UCLA Departments of Psychiatry and Biobehavioral Sciences and Psychology
Principal Investigator, Prodromal Research Program
CAPPS Clinical Assessment Director
Telephone: (310) 206-2983
CAPPS Clinic Phone: (310) 206-3466
Fax: (310) 794-9517
Email: cbearden@mednet.ucla.edu

Pre-requisites:
Prior didactic training in psychological assessment is preferred, as is completion of course work in psychopathology and/or family treatment, if offered by the applicant’s training program.

Application Process:
Candidates are required to submit a letter of interest, a curriculum vitae, three letters of references, a testing log, a letter from the Training Director of the School attesting to the student’s qualifications, and evidence of professional liability coverage provided by the candidate’s doctoral training program. Please submit all application materials via email to Dr. Sandra De Silva at desilva@psych.ucla.edu. Deadline for application is February 15th, each year.

Resources:
[additional externship information]
[clinic brochures]