

Seeking Adults Aged 18 to 50 Years with Tourette's Disorder and Co-Occurring Insomnia for Forehead Temperature-Regulating Therapy Study

Participation involves:

- Initial eligibility evaluation involving interviews and questionnaires
- 5 weeks of continuous sleep monitoring with watch and diary
- 4 weeks of nightly in-home forehead temperature-regulating therapy during sleep
- Pre- and post- treatment interviews, questionnaires, and computer tasks
- 2 consecutive nights of home sleep measurement via a forehead-worn device at pre- and post- treatment
- Parking vouchers at each visit and cash payment of up to \$250 upon study completion



For more information please contact:
Valerie Swisher, B.S.
Vswisher@mednet.ucla.edu
(310) 825-2701

Forehead Temperature-Regulating Therapy, Insomnia and Tics (310) 825-2701

Forehead Temperature-Regulating Therapy, Insomnia and Tics (310) 825-2701

Forehead Temperature-Regulating Therapy, Insomnia and Tics (310) 825-2701

Forehead Temperature-Regulating Therapy, Insomnia and Tics (310) 825-2701

Forehead Temperature-Regulating Therapy, Insomnia and Tics (310) 825-2701

Forehead Temperature-Regulating Therapy, Insomnia and Tics (310) 825-2701

Forehead Temperature-Regulating Therapy, Insomnia and Tics (310) 825-2701

Forehead Temperature-Regulating Therapy, Insomnia and Tics (310) 825-2701

Forehead Temperature-Regulating Therapy, Insomnia and Tics (310) 825-2701