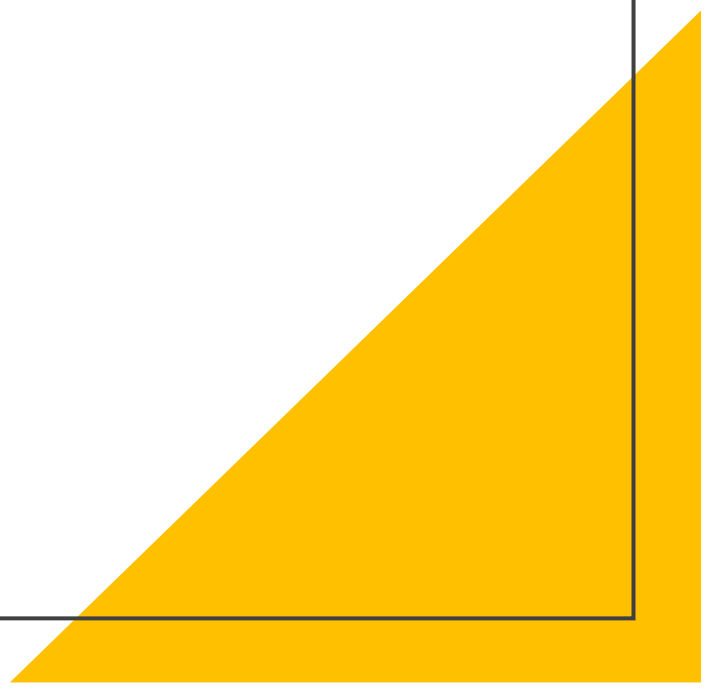


TIES Pre-Placement Education and Preparation Series



Session 3

Special Considerations for Resource Parents



A Quick Review

Although prenatal substance exposure and other risk factors may influence development,

some but not all children will demonstrate difficulties, and

many of these issues can be addressed through intervention.



Important Considerations for Culturally Sensitive, Trauma-Informed Caregiving

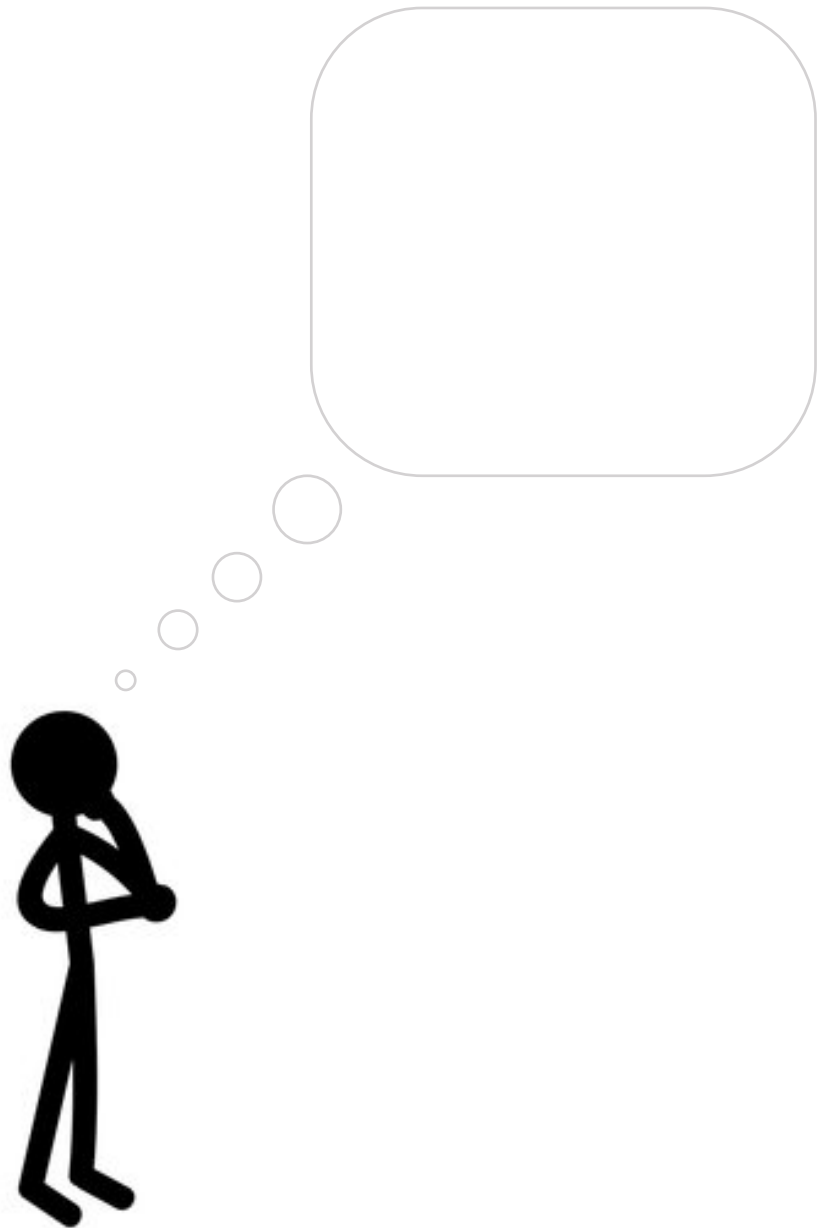
- Promote:
 - Emotional regulation
 - Social skills
 - Coping skills
- Parental role-modeling
- Relationship-building



Important Considerations for Culturally Sensitive, Trauma-Informed Caregiving

- Honoring a child's identity
- Understanding need behind a behavior
- Fostering rewarding academic experiences
- Find things that a child is good at
- Positive peer groups
- Extracurricular activities
 - *Builds self esteem*
 - *Creates social group*
 - *Provides supervision*





Honoring Identity

Think about ...

- *your family doctor*
- *your neighbor, across the street, next door...*
- *Your school, teachers, principal, students...*
- *Your family members, your holiday parties...*
- *Places you travel, places of worship, hairdresser, dentist...*

What might it feel like if a young person joins your family and they are Latino? Black?



Honoring Identity

Let's go deeper...

What are some ways you can support your child's identity?

Family Developmental Tasks

Task of Parenthood

- To build and sustain relationship with child
- Keeping child safe

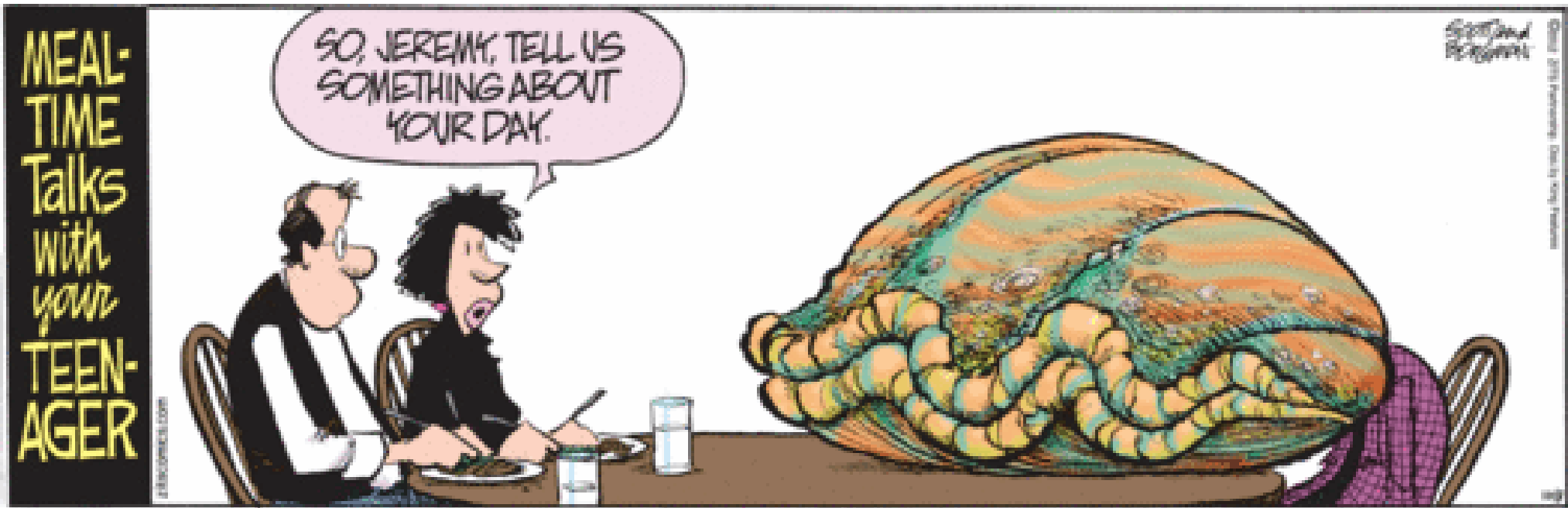
Task of Childhood

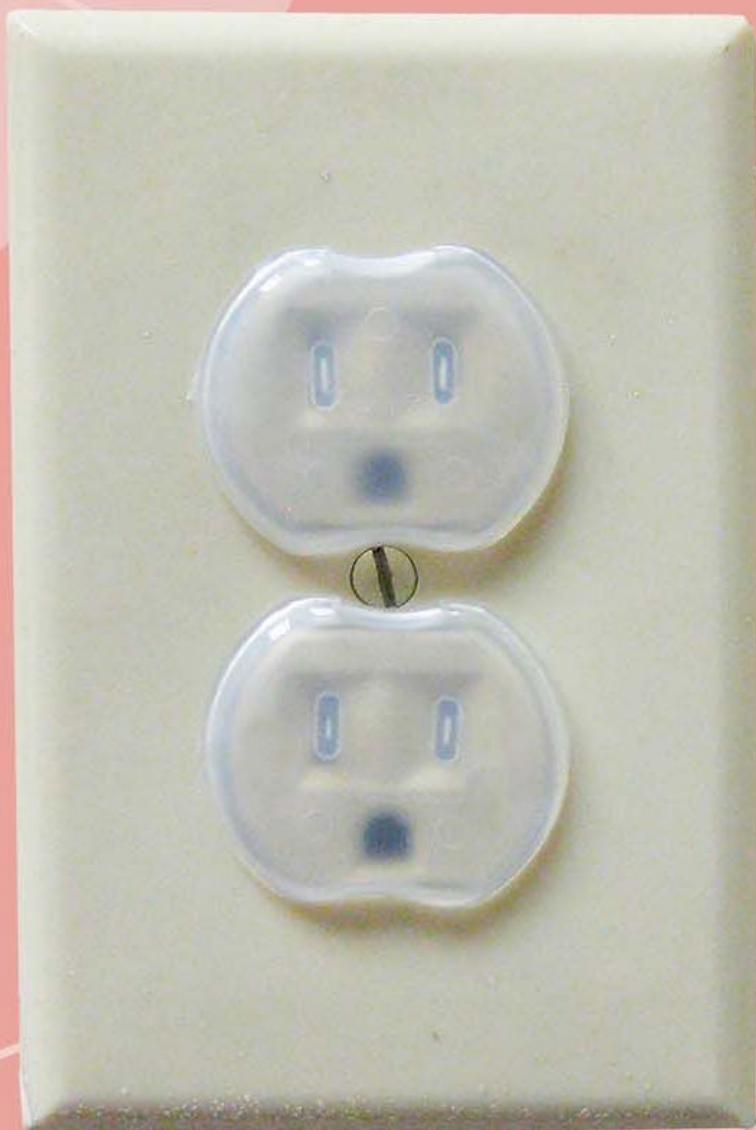
- Develop sense of self
- Get attention from significant adults
- Feel valued and heard
- Master things



Communication is Key

- Introduce topics when they are young and revisit them
- Use their preferred method PLUS face-to-face chats
- Predict things that can/will happen
- Discuss rules during calm non-crisis moments





Setting Up Your Home

- Like when you had to 'baby proof' your home, now you must "child-" or "teen-" proof it
- Drug, alcohol, cigarette free home (or guarantee 24-hour supervision on site)
- Gun safety (or guarantee 24-hour supervision on site)
- Internet safety (social media, YouTube, cyberbullying)
- Various activities available in the home (sports, board games, video games)
- Healthy food and snacks and drinks in the home
- Provide safe money for rides home if/when intoxicated or in trouble

Protective Factors for Teens



Feeling loved



Family meals

Parents are
available



Positive peer
group



Sense of
mastery



Religious/
Community
affiliation

Prioritizing Caregiver Well-Being

- Socialize with other caregivers (friends/family)
- Attend parent support groups
- Remember self-care
- Build your community



Talking About History



Who do you tell about your child's:

- Prenatal substance exposure?
- History of sexual abuse?
- Birth parent's history of mental illness?

Managing questions and reactions from others

Transracial families

LGBTQ families or youth

Religion

Older caregivers

New child in family

School issues-family tree, baby pictures, Mother's and Father's Day

Who

When

Where

How

Why



Considering Birth Family Connections

Potential Benefits

- To birth parents
 - Coping with grief and loss
- To adoptive parents
 - Access to more info on child's history
 - Dispelling stereotypes
- To the child
 - Dispelling “ghosts” and fantasies
 - Feeling parent's care
 - Satisfying curiosity around some questions of identity



Considering Birth Family Connections

Factors to Consider

- Birth parent continued substance use
- Capacity for open, honest communication
- Lack of empathy or understanding on either side
- Long-term impact on child of ongoing contact
- Privacy and Access Issues



Break



Guest Speaker





Concluding Remarks

- Certificates of completion will be given to attendees who completed 9-hour training
- Please complete feedback
- Best of luck to you and your family!
- We look forward to hearing from you when you are matched or with any questions beforehand!

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