



DEPARTMENT OF PSYCHIATRY  
& BIOBEHAVIORAL SCIENCES  
SEMEL INSTITUTE FOR NEUROSCIENCE  
AND HUMAN BEHAVIOR  
DAVID GEFKEN SCHOOL OF MEDICINE AT UCLA  
300 UCLA MEDICAL PLAZA  
LOS ANGELES, CA 90095-6968

March 12, 2020

Dear Aftercare Program Patient and Loved Ones,

We understand that you may be anxious about the news of the novel coronavirus (COVID-19). We are actively monitoring the continuing developments regarding COVID-19. The UCLA leadership is working closely with both the health system and the campus to ensure the safety of our patients and their families.

We will continue to keep you informed regarding any clinic changes. We will call patients one day or more in advance of appointments to confirm their wellness and to discuss their comfort in attending clinic. At this time our clinical care visits will continue as scheduled. If a patient is not able to attend the clinic, we will work to arrange alternative ways to provide care.

For general inquiries about COVID-19, you can visit this webpage: <https://www.uclahealth.org/coronavirus-news> or you can call our patient hotline at 310-267-3300.

If you develop flu-like symptoms — fever, cough and difficulty breathing — or are concerned that you may have been exposed to COVID-19, please contact your primary care physician.

As a reminder, self-care is essential. We want to stress the importance of the following preventive measures:

1. Wash your hands frequently and for at least 20 seconds with warm water
2. Use alcohol-based hand sanitizers after touching other people or touching items and surfaces used by many people
3. Cough into a tissue or sleeve
4. Limit handshakes
5. Avoid touching your face, eyes and nose
6. Clean common-use surfaces with disinfectants or diluted bleach solutions on a repeated and regular schedule
7. Stay home if you have any respiratory tract symptoms and/or fever

We have hand sanitizers placed throughout the clinic and are sanitizing common-use areas regularly throughout the day.

Please know that your health, safety and well-being are our top priorities, and we want to reassure you that we will coordinate with UCLA Health to ensure that your needs are addressed.

Warm regards from me and the Aftercare Program clinical team,

A handwritten signature in black ink, appearing to read "Keith Nuechterlein". The signature is fluid and cursive, written in a professional style.

Keith H. Nuechterlein, Ph.D.  
Director, UCLA Aftercare Research Program