Memory Training

Written and designed by Gary Small, M.D., and Linda Ercoli, Ph.D. for people with mild memory concerns

Taught by certified trainers who demonstrate strategies and techniques in an interactive classroom setting

9 out of 10 participants report improvements in their memory

Program Benefits

- Remember names and faces
- Recall appointments, messages and plans
- Practice everyday memory techniques
- Avoid misplacing objects
- Overcome “tip of the tongue” memory slips

2018 COURSES:

Wednesdays, January 24 - February 14

Tuesdays, May 1 - 22

Wednesdays, August 1 - 22

Tuesdays, October 16 - November 6

All classes held at UCLA in Westwood Village from 10-12pm

For more information about the program please contact:
Sherrie Goldfarb at 310-794-0680 or SGoldfarb@mednet.ucla.edu

Living Better Longer