

**Charles W. Portney M.D.**  
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### **Curriculum Vitae (Abbreviated Version)**

#### **Education:**

1973 MMS. Rutgers (Robert Wood Johnson) Medical School  
1975 M.D., Rutgers (Robert Wood Johnson) Medical School  
1975-1976 Internship, UCLA-Harbor General Medical Center  
1976-1979 Residency in Psychiatry, UCLA (Resnick) NeuroPsychiatric Institute

#### **Board Certifications:**

1982 Psychiatry, American Board of Psychiatry and Neurology  
1993 Adolescent Psychiatry, American Board of Adolescent Psychiatry

#### **Appointments and Offices Held:**

1979-Present Assistant Clinical Professor of Psychiatry, UCLA  
1980-Present Consultant, Santa Monica Rape Treatment Center  
1986-1990 Vice-Chairman, Psychiatry Section, Santa Monica Hospital  
1979-1989 Consultant, Muscular Dystrophy Association  
1986-1990 Professional Advisory Board, Senior Peer Health and Counseling Center  
1978-Present Consultant to various Holocaust organizations  
1979-1985 Consultant, California Medical Board  
1985-1990 LACMA Mental Health Committee

1986-1987 Chairman of Psychiatry, Saint John's Hospital and Health Center  
(Vice-Chairman 1985 and 1988)

1982-Present Chairman, Eating Disorders, Saint John's  
1981-2007 Member Joint Saint-John's and John Wayne Cancer Center IRB  
1986-1999 Member Involuntary ECT Review Panel (LA County Mandated) at St.  
John's and many other committees.

1987-1990 and 1994-1997 Member of Southern California Psychiatric Society  
(governing) Council

1994-Present SCPS Disaster Response Steering Committee  
1985-1988 SCPS Editorial Committee

1991-Present Distinguished Fellow, American Psychiatric Association  
1990 Consultant, APA Utilization Review Criteria on Eating Disorders  
1992 Consultant, APA Practice Guidelines on Eating Disorders  
1994 Advisor, DSM IV on Eating Disorders

1992-Present      Reviewer of All APA Practice Guidelines (via SCPS)

**Memberships:**

Charter Member of AED

Member APA, CPA, SCPS, ISTSS (trauma), ASAP (adolescent psychiatry), ASCP (psychopharmacology) and various other groups related to ED, PTSD, and OCD etc.

**Teaching:**

Multiple lectures and presentations at local, regional, national and international meetings on ED, PTSD, Consultation-Liaison Psychiatry, psychopharmacology etc. as well as regular lectures to UCLA, USC, and LA County Mental Health Department trainees and staff etc.

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**Clinical experiences and contributions:**

In 1973, while still in medical school, I examined and participated in treating my first ED patient who was a male anorexic. By the time of my 1975 graduation I had participated in the care of many female and male anorexics at my medical school (Rutgers-Robert Wood Johnson) and during rotations at the Massachusetts Mental Health Center (Harvard) and Jacobi Hospital (Albert Einstein). My experience with ED patients continued in my internship and as a resident at UCLA I participated in the care of several dozen adolescent and adult Anorexics particularly in-hospital. I have been in private practice since 1979 and ED patients have been at least 2/3-3/4 of my practice for over 25 years including many patients who were originally referred for treatment of PTSD and turned out to have ED in addition. I have done innumerable second opinions on ED patients for colleagues. My practice has included inpatient care of adult ED patients at Westwood Hospital and at Saint Johns Hospital (where I have been Chairman for ED 1982-present) from 1979-1999 and adolescents at the UCLA NPI Adolescent ED Inpatient Unit from 1979 to the present as well as at Westwood Hospital in the past. I also have taken care of patients in several partial hospitalization programs for ED and continue to do so intermittently.

**Activity in other professional organizations:**

I was a contributing author or "Consultant" and/or "Advisor" about ED to DSMTV, the original 1992 APA Practice Guidelines for Treatment of ED, and the APA Utilization and Review Criteria for Treatment of ED.

I was one of the founders and I am still a member of the ISTSS (International Society of Traumatic Stress Studies) Intergenerational Transmission of Traumatic Effects SIG where ED has been a regular topic due my interest in the interaction of ED and a history of traumatic experiences.

I was Chairman of Psychiatry at Saint Johns Hospital and Vice-chairman at both Saint Johns and Santa Monica Hospitals.

I founded (in 1982) and still run the 6/year ED Educational Conferences at Saint Johns. The topics are about evenly split between general medical and psychiatric ED issues and the attendees (25-50 per meeting) are about evenly split between non- psychiatric and mental health professionals.

I have served and do serve on the governing councils and many committees of local hospitals and medical and psychiatric associations. This includes being a reviewer of all Practice Guidelines for the APA (via the SCPS) from 1992-present.

**Teaching in academic or clinical setting:**

I have presented, lectured and done case conferences and Grand Rounds about ED at UCLA since 1979. I currently do 8-10 hours of presentations annually in the UCLA NPI ED Seminar and 2 hours about ED to the Child Psychiatry and Psychology fellows. I have taught on the UCLA inpatient units since 1979 and

was one of the original faculty members of the UCLA ED outpatient programs in 1982. I am an Assistant Clinical Professor of Psychiatry at UCLA.

I also lectured on ED to the USC-LA County Psychiatry Hospital Staff and trainees in the late 1980's before they had their own ED faculty. Another venue has been the Harbor General (a UCLA affiliated Hospital) Psychiatry Department. I lectured annually about ED in the 1980's and 1990's to the Santa Monica Hospital-UCLA Family Practice trainees and faculty.

I was the psychopharmacology lecturer (including about ED) for the LA County Mental Health Department for several years.

I did 1-2 presentations each year at the Annual ISTSS meetings from 1992-2002 and these often involved issues related to ED directly or indirectly. I have presented about ED to local, regional and national health care conferences including but not limited to meetings of internists, cardiologists, dentists, gynecologists, pediatricians, family medicine practitioners, social workers, nurses, discharge planners, nutritionists, psychiatrists and psychologists.

I also lectured about ED at least 2/year to the Saint John's Chemical Dependency Center staff and patients from 1979-1999.

Since 1987, I have participated in a peer supervision 2/month with 6-7 other experienced ED clinicians.

#### Research:

I have participated as a consultant to numerous ED research projects and have been and am a source of a large number of research subjects to many research studies. I do not directly do research myself.

Publications and service to journals:

I served as a peer reviewer with Harry Gwartzman M.D., of ED articles, for the Archives of General Psychiatry.

I have published several book reviews of ED books for psychiatry journals, an article in the AED newsletter, some articles about intergenerational transmission of trauma with ED manifestations and non-ED articles.

For several years, I reported on the International ED meetings for the local Psychiatry Association newsletter.

#### Participation in ED conferences:

I presented ED lectures at and helped organize ED conferences (Continuing Education) of the Southern California Psychiatric Society, LA county Medical Association, etc. I also have presented 1-2 lectures (panels, workshops, SIG lectures etc.) at each of the AED International ED Conferences since 2001 and I am presenting both a workshop and a panel lecture for the upcoming 2008 meeting. I have attended every International ED Conference since they started. I have also attended numerous ED conferences sponsored by UCLA, UC Irvine, etc.

#### Involvement with ED organizations:

I am one of the earliest members of the AED. I have been very active in the Psychodynamic SIG of the AED, a long-time member of the Bariatric Surgery SIG and now a member of the new Trauma SIG. I have been a long-time member and contributor at different times to most of the major ED advocacy groups.

### **Community service:**

**I have been a Pro Bono consultant, including about ED in particular, to the Santa Monica Rape Treatment Center (since 1980), the Muscular Dystrophy Association, Jewish Family Services, Senior Peer Health Counseling Center, various organizations involved in treatment of trauma, etc.**

**I have given many community lectures about ED to small to very large audiences under the auspices of UCLA, APA (SCPS), Saint John's Hospital, Santa Monica Hospital, Westwood Hospital, LA County Medical Association etc.**

**I was a member of the joint Saint Johns-John Wayne Cancer Center ERB from 1981-2007 inclusive.**

**I have given a number of print, radio and TV interviews about various aspects of ED.**

### **Development of ED programs:**

**I created the ED program and all of the ED protocols at Saint Johns Hospital and it existed till the hospital closed all it's mental health and substance abuse units in 1999'due to earthquake reconstruction. I served as a consultant, paid and unpaid, to a number of ED programs at both non-profit and profit hospitals in the 1980's and early 1990's. I still consult about programmatic and ethical issues to some inpatient, partial hospitalization and residential ED programs.**