

Sleep Quality in Youth Study

Do you have a child between the ages of 8 and 17 who:

- has Obsessive Compulsive Disorder, Tourette Syndrome or Chronic Tic Disorder, and/or Hair Pulling Disorder?
- OR is healthy, and free of significant health or mental health difficulties?



If so, you may be eligible for a research study available through the UCLA Childhood OCD, Anxiety and Tic Disorders Program. We are conducting research comparing sleep in children with OCD, tics, and/or hair pulling, and healthy volunteers. We are also interested in understanding the relationship between sleep quality and severity and suppression of symptoms.

Participation involves:

- Initial visit to UCLA to assess eligibility
- One week of monitoring sleep with a sleep tracker and sleep diary
- Second visit to UCLA to complete computer tasks and assess symptom severity and suppressibility
- Payment of up to \$100

For more information please call or email Emily Ricketts, Ph.D. at:

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