

Seeking Healthy Youth Volunteers

We are seeking healthy adolescent volunteers ages 10 to 17 who are free of mental health and sleep problems for a circadian rhythms study



Participation involves:

- An initial eligibility evaluation
- 7 days of sleep and activity monitoring using a sleep watch and diary
- A return visit to assess melatonin onset
- Cash payment of \$150 for completion of all procedures

For more information please contact:

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