

Does Your Child Have Tourette's?

Circadian Rhythms, Sleep, and Light Therapy Study

We are seeking youth ages 10 to 17 with Tourette's Disorder, Persistent Motor Tic Disorder, or Persistent Vocal Tic Disorder



Participation for 10-17 year olds involves:

- An initial eligibility evaluation
- 7 days of sleep and activity monitoring using a sleep watch and diary
- A return visit to assess tics and melatonin onset
- Cash payment of \$150 for completion of all procedures

Participation for 13 to 17 year olds involves additional procedures:

- 2 weeks of light therapy using wearable device, and continued symptom monitoring
- A final re-assessment of tics and melatonin onset
- Additional cash payment of \$150 for completion of all procedures

* Contact Emily Ricketts, Ph.D., ERicketts@mednet.ucla.edu, (310) 825-2701 for info

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