

Circadian Rhythms and Light Therapy

Do you or anyone you know have Tourette's Disorder?

We are examining circadian rhythms and the effects of a wearable light therapy device on tic symptoms, 24-hour body clock, and sleep in adults ages 22 to 50.



Participation involves 2 studies:

STUDY 1: Circadian Rhythms

- 2.5 to 3-hour eligibility assessment of tics
- 7 days of tracking sleep and tics (using a sleep watch and diary)
- Baseline clinical and melatonin assessment
- \$200 cash payment

STUDY 2: Wearable Light Therapy

- 2 weeks of light therapy and tracking of sleep and tics
- Final clinical and melatonin assessment
- \$200 cash payment

Total cash payment of up to \$400

Circadian Rhythms, Light Therapy and Tics (310) 825-2701	Circadian Rhythms, Light Therapy and Tics (310) 825-2701	Circadian Rhythms, Light Therapy and Tics (310) 825-2701	Circadian Rhythms, Light Therapy and Tics (310) 825-2701	Circadian Rhythms, Light Therapy and Tics (310) 825-2701	Circadian Rhythms, Light Therapy and Tics (310) 825-2701	Circadian Rhythms, Light Therapy and Tics (310) 825-2701	Circadian Rhythms, Light Therapy and Tics (310) 825-2701	Circadian Rhythms, Light Therapy and Tics (310) 825-2701	Circadian Rhythms, Light Therapy and Tics (310) 825-2701
----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------