



UCLA Research Study for Kids & Teens with **Obsessive-Compulsive Disorder**

We are studying the use of a mobile application along with standard treatment for OCD

Is your child age 9-17?

Does your child have OCD? Does he/she:

- Have recurring thoughts that make no sense, but makes her/him feel bad?
- Wash excessively or have a fear touching “contaminated” things?
- Check and double-check more than really necessary?
- Have to do things over and over again?

Eligible participants will:

- Receive a free 12-week course of standard psychological treatment, known as exposure and response prevention (ERP)
- Be randomized into either ERP or ERP + Phone App

For more information, please call or email:

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