

## CURRICULUM VITAE

Name: Allen Thomas Pack  
Office: 11633 San Vicente Blvd, Suite 202  
Los Angeles, CA 90049  
Telephone: 310-820-9123  
Facsimile: 310-820-3290

Place of Birth: Cincinnati, Ohio  
Date of Birth: October 30, 1945  
Marital Status: Married  
No. of Children: Two

### EDUCATION

Summers 1966, 1967 University of Cincinnati  
Cincinnati, Ohio  
1963 – 1967 Ohio State University  
Columbus, Ohio  
1967 – 1971 Ohio State University, College of Medicine  
Columbus, Ohio

### DEGREES

B.A. Major: English  
Minor: Chemistry

M.D.

SCHOLASTIC HONORS

1965	Romophos (Service and Academic Honorary - Ohio State University, Undergrad)
1967	NIH Research Fellowship
1968-1969	College of Medicine Research Fellowship
1970	Landacre Society (Research Honorary, Ohio State University, College of Medicine)

POST-GRADUATE TRAINING AND EXPERIENCE

Internship 1971-1972	Emmanuel Hospital, Portland, Oregon (Rotating 0)
Residency 1972-1975	UCLA-Neuropsychiatric Institute, Los Angeles, California (Psychiatry, Chief Resident III)
Chief Residency 1975-1976	UCLA-Neuropsychiatric Institute, Los Angeles, California
1976-present	Assistant Clinical Professor, UCLA-NPI Los Angeles, California
1977	Diplomate, American Board of Psychiatry and Neurology

WORK EXPERIENCE

1967-1970	Colerain Board of Education, Hamilton County, Ohio <u>Position:</u> Substitute Teacher.
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WORK EXPERIENCE

- 1970-1971 Ohio State Penitentiary,  
Columbus, Ohio  
Position: Extern.
- 1972-1976 County of Los Angeles, Department  
of Health, Los Angeles, California  
Position: Physician for Imperial  
Heights Youth Program.
- 1974 University of Southern California  
(USC), Department of Occupational  
Therapy.  
Position: Lecturer.
- 1975-Present Mono County Mental Health Service,  
Bridgeport, California.  
Position: Psychiatric Consultant.
- 1975-Present Private practice in Psychiatry.
- 1976-1979 County of Los Angeles, Department  
of Probation, Psychiatric Consultant.

PUBLIC SERVICE

- 1978-1980 Southern California Psychiatric  
Society, Emergency Psychiatry  
Committee
- 1979-1981 County of Los Angeles, Emergency  
Medical Commission, Commissioner
- 1981-1982 County of Los Angeles, Paramedic  
Commission, Commissioner
- 1983-1987 Daniel Freeman Marina Hospital,  
Utilization Review Committee

PUBLIC SERVICE

1985-1987	Daniel Freeman Marina Hospital, Utilization Review Committee, <u>Chairman</u>
1986	Daniel Freeman Marina Hospital, Judicial Review Committee
1987	Daniel Freeman Marina Hospital, Judicial Review Committee, <u>Chairman</u>
1987-1992	Daniel Freeman Marina Hospital, Bylaws Committee, <u>Chairman</u>
1987-1992	Daniel Freeman Marina Hospital, Medical Executive Committee
1993-present	Step Up Second Board of Directors
1994-present	Step Up Second On Second, <u>President</u>

RESEARCH AND PUBLICATIONS

Student research without publication in alcoholism, altered states of consciousness and sleep. Ohio State University College of Medicine.

"Methysergide and Sleep in Human Subjects", Psychophysiology, 9:88.

"Methysergide and Sleep", presentation at 11th International Congress of the Psychophysiological Study of Sleep, Bruges, Belgium, 1971.

Clinical Director, UCLA Longitudinal Marijuana Study,  
"Quitting Marijuana", Disease of the Nervous System, 37.4

RESEARCH AND PUBLICATIONS

“Mental Health Consumers” World Congress of Psychiatry, Honolulu, Hawaii, 1976

“72 hour Hold: Involuntary Detention”, STAT , 1.2

“Emergency Psychiatric Involuntary Detention”, Critical Care Update ,7:1

“The Role of Psychopharmacology”, in Grotstein JS, Solomon M, Lang JA, eds,  
The Borderline Patient, New York, The Analytic Press, 1987

“Prevention of Herpes Simplex Type II Infection with Lithium Carbonate”,  
MED SCI RES, 16, 971-972

“The Successful Treatment of Depression with Cyproheptadine HCL in Subjects with  
Negative Dexamethasone Suppression Tests”, CLIN RES, 1983, 31:26 A

“Treatment of Depression with Cyproheptadine”, Pharmacotherapy, Vol 15, #3, 1995

“Nondrug Strategies: When Chronic Pain Keeps Patients Awake”, Consultant, Vol 38,  
#4, 1998

ADDENDA

Resigned, Step Up On Second, 1997

UCLA Neuropsychiatric Institute (NPI) Clinical Faculty Association (CFA), Executive  
Board of Directors, 1997

UCLA NPI CFA, President Elect, Board of Directors, 2001

UCLA NPI CFA, President, Board of Directors, 2002 to 2004

UCLA NPI CFA, President, Board of Directors, 2006 to 2008

ADDENDA

Distinguished Fellow, American Psychiatric Association, 2005

UCLA Semel Institute Psychiatric CFA, Board of Directors, 2009 to present

Distinguished Life Fellow, American Psychiatric Association, 2008