Volunteers Needed for Sleep Deprivation Study

If you have no history of depression, and are between 20-64 years old, you may be eligible.

• This study is looking at how one night of sleep deprivation relates to changes in mood, brain chemistry and function, and gene regulation.

• The study involves 4 visits to our laboratory over the course of 1 month. One visit includes staying awake overnight in the laboratory.

• The study involves 2 brain scans and multiple blood draws, as well as wearing an activity-tracker and logging daily mood on your phone for 2 weeks.

• Participants can earn up to $790 for completing all appointments.

Please call 310-794-0305 or e-mail DGCBiomarkerStudy@mednet.ucla.edu and ask to speak to the Sleep Study Coordinator

UCLA Grand Challenges
Depression