The purpose of the CAPPS research center is:

- To develop a knowledge base for the prediction of future thought disorders in adolescents and young adults who have symptoms that may signal the early stage of such a condition;

- To understand how brain functioning changes over time in people who develop such conditions as compared to those who do not.

How to contact CAPPS:

Referrals to CAPPS can be made by family physicians, psychiatrists, pediatricians, and mental health professionals. Individuals interested in help for themselves or someone they know may also contact us at:

**310-206-3466**

For more information or to make a referral please contact us at:

**310-206-3466**

The Staglin Music Festival Center for the Assessment and Prevention of Prodromal States

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UCLA IRB # 00-08-025-21

Have you or someone you know experienced recent worrisome changes in thoughts and/or feelings?

If so, maybe the Staglin Music Festival Center for the Assessment and Prevention of Prodromal States (CAPPS) can help.
**What is CAPPS?**

The Staglin Music Festival Center for the Assessment and Prevention of Prodromal States (CAPPS) is a research clinic associated with the departments of Psychology and Psychiatry & Biobehavioral Sciences at the University of California, Los Angeles.

Adolescence and young adulthood can be a time of great change as young people learn to meet new challenges. It can also become a time of distress and confusion when new experiences are overwhelming. CAPPS is a place for people worried about recent changes in their thoughts, perceptions, and feelings. These changes may be difficult to describe to others and are often a source of concern for young people and their families. At CAPPS, we provide clinical, psychosocial, and neuropsychological assessments, psychological and psychiatric treatment, and conduct other research aimed at early identification and prevention of these at-risk mental states.

Mental and emotional problems are often like physical problems; the sooner they receive treatment, the better. The longer an illness is left untreated, the greater the disruption to the person’s ability to study, work, make friends and interact comfortably with others.

**What does CAPPS do?**

CAPPS provides an initial screening interview to determine eligibility for our research program. Individuals with difficulties outside the scope of CAPPS will be provided with any available diagnostic information and appropriate referrals to other services.

Individuals who are eligible and choose to participate in the CAPPS research program will be asked to participate in the following procedures (repeated over a two-year period):

- Clinical Interview
- Neurocognitive Testing
- Psychophysiological Testing
- Magnetic Resonance Imaging (MRI) scans
- Psychosocial Evaluations
- Information Processing
- Social Cognition
- Genetic Testing

Participants are compensated for their time at a rate of approximately $20.00 per hour.

Participants in the CAPPS program will also be offered psychological (individual and/or family) treatment and psychiatric treatment. The cost of treatment will be billed to patients’ insurance companies or provided on a sliding scale basis.

**Is CAPPS the right place for you or someone you know?**

Individuals who come to CAPPS have a wide range of concerns they may wish to discuss, such as unusual thoughts and perceptions, increased depression, social anxiety, and greater difficulty with work, school, friends and family. CAPPS is looking for individuals between the ages of 12-35.

**Have you noticed some of these recent changes?**

- Odd behavior
- Withdrawal from family, friends, and colleagues
- Subtle or pronounced suspiciousness
- Irrational ideas of special identity, abilities or grandeur
- Distorted or heightened perceptions of sights, sound and speech
- Hearing voices and/or seeing visions
- Poor eating habits, sleeping patterns, personal hygiene
- Uncanny feelings that the world around them has become strange and unreal or that their lives and events are controlled by outside forces
- Diminished or blunted emotional reactivity, or inappropriate emotional reactivity
- Difficulty concentrating or thinking clearly
- Trouble understanding what they hear and read
- Slipping behind and failing at work and/or school

Individuals who are experiencing difficulty functioning and who have a family member with a psychotic illness such as schizophrenia are also considered to be at risk and are encouraged to contact us.