OPTIMIZE your TREATMENT for Depression

OPTIMUM is a research study for participants 60 and older with difficult to treat depression.

- Eligible participants are randomized to medication options:
  
  **STEP 1:** (for 10 weeks) Adding aripiprazole or bupropion to current antidepressant; or switch to bupropion
  
  **STEP 2:** (for 10 weeks) Adding lithium to current antidepressant; or switch to nortriptyline

- The study team will assess your side effects and mood for up to 12 months.
- Study psychiatrists will provide medication recommendations to your primary care physician.

You may be eligible if you are ....
- 60 years or older
- Depressed
- Taking an antidepressant, but not feeling better.

Ask your doctor if you qualify.

For more information:

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