Volunteers Needed for Sleep Deprivation Study

Have you been diagnosed with depression and been experiencing a major depressive episode for at least the past 6 months? Are you between 20-64 years old?

● If so, you may be eligible to participate in a study that is looking at how one night of sleep deprivation relates to changes in mood, brain chemistry and function, and gene regulation.

● The study involves 4 visits to our laboratory over the course of 1 month. One visit includes staying awake overnight in the laboratory.

● No current substance use, and a letter from your mental health provider is required.

● The study involves 2 brain scans and multiple blood draws, as well as wearing an activity-tracker and logging daily mood on your phone for 2 weeks.

● Participants can earn up to $790 for completing all appointments.

Please call 310-794-0305 or e-mail DGCBiomarkerStudy@mednet.ucla.edu and ask to speak to the Sleep Study Coordinator.

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Grand Challenges

Depression