What is Secret Agent Society?

Secret Agent Society (SAS) is a breakthrough program for children between 8 and 12 years old who want to improve their social and emotional skills.

It was created by an Australian psychologist, Dr. Renae Beaumont, and is regarded as one of the most successful programs of its kind in the world.

SAS captivates children with its espionage-themed games and eye-catching resources. Kids learn how to recognize and manage their own feelings, cope with change, detect other people’s emotions, talk and play with others and deal with bullying.

An animated computer game, Helpful Thought Missile action game, Challenger board game and Secret Message Transmission Device game have all been designed to help children learn new social and emotional skills in a fun environment.

Parents and schools are an integral part of the group program and receive resources and support to help young ‘secret agents’ develop and practice new skills at home and school.

A university randomized controlled trial found 76 per cent of children with Asperger’s Syndrome who participated in SAS improved from showing clinically significant delays in social and emotional functioning to displaying these skills within the range of typically developing kids.
How can Secret Agent Society help my child?

Raising a child who struggles to manage their emotions and cope with everyday social situations can be challenging.

SAS is a fun, espionage-themed group program that helps children with conditions such as Asperger’s Syndrome learn how to feel happier, calmer, and braver. It also teaches them how to make friends and keep them!

“It has made a huge difference in our home and in Joshua’s life! Worth every dollar and time spent,” Ainsley, mother of an 8-year-old boy

SAS features an animated ‘secret agent’ computer game as well as parent and teacher resources and information sessions to encourage kids to use their new skills at home and school. At the end of the program, your junior detective will graduate as a ‘secret agent’, armed with the social and emotional tools s/he needs to continue work in the ‘real world’.

“The best thing about this program is that my child has learned how to make and keep friends. We couldn’t have made these changes in such a short time without this program,” Joy, mother of a 9-year-old boy

The SAS program will be offered on the UCLA campus by licensed clinical psychologists, Drs. Karin Best and Ted Hutman.

For information about participating, please call Dr. Karin Best at (310) 206-2210 or send an e-mail to kbest@mednet.ucla.edu.