Seeking Adolescents Aged 14 to 17 Years with ADHD and Delayed Sleep-Wake Schedule for Flashed Light Therapy and Cognitive Behavioral Therapy

Participation involves:

- 3-hour initial evaluation involving interviews and questionnaires
- 7 weeks of continuous sleep monitoring with watch and sleep diary
- 2 weeks of at-home flashed light therapy
- Pre-treatment, mid-treatment, and posttreatment assessments, involving saliva samples, interviews, and questionnaires, lasting about 8 hours
- 4 weeks of flashed light therapy with 50-minute weekly cognitive behavioral therapy via videoconferencing
- Cash payment of up to \$410



	more inf please co		m Maya Tooker, B.S. mtooker@mednet.ucla.edu					310-825-2701			
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