Fred Frankel, Ph.D. ABPP Founder

Cynthia Whitham, L.C.S.W. *Director* 

Robert Myatt, Ph.D. Associate Director



Clinic Coordinator Contact Information:

310-825-0142 ph 310-206-4446 fax www.semel.ucla.edu/socialskills parenting@mednet.ucla.edu

# **UCLA PEACE Program**

Enclosed you will find a number of forms that will help us to determine the appropriateness of our program for you and your child. Filling out these forms is equivalent to a one hour interview at no cost to you. It is important that you complete each questionnaire before you return them.

## Please return your packet promptly as enrollment is limited to each group!

- □ Child Background Form
- □ SNAP-IV Rating Scale

- □ Issues Checklist
- □ Insurance Information Form

## When complete, you may return the packet to us:

- 1. Scan to parenting@mednet.ucla.edu
- Mail to: UCLA PEACE Program, 760 Westwood Plaza, Rm 27-384 Los Angeles, CA 90095, Mail Code 175919
- 3. Fax to 310-206-4446 (please email parenting@mednet.ucla.edu to confirm we received the fax)

Once we receive the completed packet, we will contact you to schedule a phone screen and one-hour intake appointment forenrollment in an upcoming group.

Thank you for your time. We look forward to meeting you. If you have any questions, please email our Clinic Coordinator at <u>parenting@mednet.ucla.edu</u>

# Child and Adolescent Psychiatry Clinic Background Information Sheet

Patient Identification

Child's Full Name:			Today's Date:
Child's Age:	Child's Gender:		
Birth Date: / /	Place of Birth:		
Child's Race/Ethnicity:  White Other:	Black Hispanic/Latin	o 🗌 Asian/Pacific Islander	Native American
Language Spoken at Home: 🗌 Eng	glish 🗌 Other:		
Child's Home Address:			
*Please indicate the best phone n	umber to contact		
Parent/Guardian 1:			
Name:	Home: ()	Cell: ()En	nail:
Relationship to Child:	Age:	Occupation:	
Parent/Guardian 2:			
Name:	Home: ()	Cell: ()Em	nail:
Relationship to Child:			
Other (if applicable, i.e. biological	parent, step parent):		
Name:	Home: ()	Cell: ()Em	nail:
Relationship to Child:	Age:	Occupation:	
The child lives with:	<ul> <li>Both Biological/Adoptive Pa</li> <li>Single Parent: Please note</li> <li>Mother and step-father</li> <li>Father and step-mother</li> <li>Equal time with separated/o</li> <li>Other:</li></ul>	i Mother or Father	
Current marital status of biologica Married	al parents:		
Separated	How long:		
Divorced Other	How long:		
Ullei			
If parents separated/divorced, who h	nas legal custody in terms of phy	sical/mental healthcare?	
Is child legally adopted?	Yes If yes, age at ado	otion:	

STEWART & LYNDA RESNICK NEUROPSYCHIATRIC HOSPITAL & BEHAVIORAL HEALTH SERVICES AT UCLA	
	Patient Identification
Parents' education (highest level completed):	Parent 1 Parent 2
<ol> <li>Some school but less than completion of high school</li> <li>Up to high school diploma or equivalent (GED)</li> <li>Technical/trade school or some college</li> <li>College graduate or equivalent (B.A., B.S.)</li> <li>Post graduate/Professional degree (M.A., Ph.D., M.D., J.D.)</li> </ol>	
Child's siblings (list names and ages)         Full brothers:         Full sisters:         Half/step siblings:         Child's Current School:         Public         Private         Homeschooled	
Name of School:Address:	
Phone: (Teacher:Grade:	
*If completing during summer break, please indicate grade level for <b>next</b> acade	
How many years at current school:	
School History       Curren         Has your child:       Curren         1. Had an Individualized Education Plan (IEP)?	ntly In the Past

 What is your child's current school performance:

 □ Failing
 □ Below Average
 □ Average
 □ Above Average

#### STEWART & LYNDA RESNICK NEUROPSYCHIATRIC HOSPITAL & BEHAVIORAL HEALTH SERVICES AT UCLA

Patient Identification

Developmental History When did your child: Say his/her first words: Put two or more words together: Take his/her first steps: First become toilet trained:					
Child Mental Health History Please fill in the relevant diagnoses.	Age		Who Diagnosed?		Treatment Received?
Obsessive Compulsive Disorder				· -	
Tourette's/Other Tic Disorder					
Anxiety Disorder				· _	
Attention Deficit Hyperactivity Disorder					
Depression					
Bipolar Disorder				· _	
Eating Disorder				· _	
Autism Spectrum Disorder				· _	
Mental Retardation				· _	
Posttraumatic Stress Disorder					
Psychotic Disorder					
Substance Abuse		-			
Learning Disorder					
Oppositional Defiant Disorder				. <b>-</b>	
Other:				-	
Has your child ever had thoughts of wan	ting to	hurt himse	elf/herself? 🔲 Yes	□ N	0
Medical History (type and date):					
Allergies:					
Significant illnesses:					
Significant injuries:					
Significant operations/medical procedure	s/hosp	oitalization	S:		

#### STEWART & LYNDA RESNICK NEUROPSYCHIATRIC HOSPITAL & BEHAVIORAL HEALTH SERVICES AT UCLA

Patient Identification

## **Child Medication History**

Medication	Start Date	End Date	Current/Final Dose	How Effective?
		(if applicable)		Any Side Effects?

# Child History of Psychiatric Hospitalizations: No Yes

If yes, please describe:

Hospital	Admission Date	Discharge Date

Has your child ever had legal problems?	🗌 No	Yes, please describe:
---	------	-----------------------

## Family History of psychiatric / emotional problems:

Anxiety Disorder	Psychotic Disorder
🗌 Bipolar Disorder	Depression
Autism Spectrum Disorder	Obsessive Compulsive Disorder
Posttraumatic Stress	Tourette/Other Tic Disorder
Learning Disorder	Substance Abuse
Attention Deficit Hyperactivity Disorder	Intellectual Disability
Eating Disorder	Other:

STEWART & LYNDA RESNICK NEUROPSYCHIATRIC HOSPITAL & BEHAVIORAL HEALTH SERVICES AT UCLA

Patient Identification

Child's Peo	diatrician/Primary	Care Physician			
Name:					
Address:					
Phone:					
-	child have any otl	her doctors or clin	icians?		
Name: Address:					
Phone:					
Discipline:	Psychiatrist	Psychologist	Neurologist	Other:	-
Name:					
Address:					
Phone:					
Discipline:	Psychiatrist	Psychologist	Neurologist	Other:	-
(Signature of	of Patient, Parent o	r Legal Guardian)			(Date and Time signed)
(	, <b>-</b>	·			(

(Printed Name)

Unitu Marrie.	Child	Name:
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Date:

Completed By: 
Mother 
Father 
Other:

Please rate your child's behavior below. Please note: If your child is currently taking medication please answer the questions below according to your child's behavior when they are off the medication.

#### SNAP-IV RATING SCALE James M. Swanson, Ph.D

Check the column which best describes this child:	Not at All	Just a Little	Pretty Much	Very Much
1. Often fails to give close attention to details or makes careless mistakes in schoolwork, work, or other activities				
2. Often has difficulty sustaining attention in tasks or play activities				
3. Often does not seem to listen when spoken to directly				
<ol> <li>Often does not follow through on instructions and fails to finish schoolwork, chores, or duties in the workplace (not due to oppositional behavior or failure to understand instructions)</li> </ol>				
5. Often has difficulty organizing tasks and activities				
6. Often avoids, dislikes, or has difficulties engaging in tasks that require sustained mental effort (such as schoolwork or homework)				
<ol> <li>Often loses things necessary for tasks or activities (e.g., school assignments, pencils, books, tools, or toys)</li> </ol>				
8. Is often easily distracted by extraneous stimuli				
9. Often forgetful in daily activities				
10. Often fidgets with hands or feet, squirms in seat				
<ol> <li>Often leaves seat in classroom or in other situations in which remaining seated is expected</li> </ol>				
<ol> <li>Often runs about or climbs excessively in situations where it is inappropriate</li> </ol>				
13. Often has difficulty playing or engaging in leisure activities quietly				
14. Is always "on the go" or acts if "driven by a motor"				
15. Often talks excessively				
16. Often blurts out answers to questions before the questions have been completed				
17. Often has difficulty awaiting turn				
<ol> <li>Often interrupts or intrudes on others (e.g., butts into other's conversations or games)</li> </ol>				
1. Often loses temper				
2. Often argues with adults				
3. Often actively defies or refuses adult requests or rules				
4. Often deliberately does things that annoy other people				
5. Often blames others for his or her mistakes or misbehavior				
6. Often touchy or easily annoyed by others				
7. Is often angry and resentful				
8. Is often spiteful or vindictive				

Office Use Only:		
Total item ratings =	<u>/</u> 9	/9
Avg rating per item =		

Completed By: 
Mother 
Father 
Other:

Date:

# WING

This child stands out as different from other children of his/her age i			
	<u>NO</u>	<u>SOMEWHAT</u>	YES
1. Is old-fashioned or precocious.			
<ol> <li>Is regarded as an "eccentric professor" by the other children.</li> </ol>			
<ol> <li>Lives somewhat in a world of his/ her own with restricted idiosyncratic intellectual interests.</li> </ol>			
<ol> <li>Accumulates facts on certain subjects (good rote memory) but does not really understand the meaning.</li> </ol>			
<ol> <li>Has a literal understanding of ambiguous and metaphorical language.</li> </ol>			
<ol> <li>Has a deviant style of communication with a formal, fussy, old-fashioned or "robot like" language</li> </ol>			
<ol><li>Invents idiosyncratic words and expressions</li></ol>			
8. Has a different voice or speech.			
<ol> <li>Expresses sounds involuntarily; clears throat, grunts, smacks, cries or screams.</li> </ol>			
<ol> <li>Is surprisingly good at some things and surprisingly poor at others.</li> </ol>			
<ol> <li>Uses language freely but fails to make adjustment to fit social contexts or the needs of different listeners.</li> </ol>			
12. Lacks empathy			
13. Makes naïve and embarrassing remarks.			
14. Has a deviant style of gaze.		$\square$	
15. Wishes to be sociable but fails to make			
relationships with peers. 16. Can be with other children but only on his/her			
terms. 17. Lacks best friend.			
18. Lacks common sense.			<u> </u>
19. Is poor at games; no idea of cooperating in a team,			
scores " own goals" 20. Has clumsy, ill coordinated, ungainly, awkward movements or gestures.			
21. Has involuntary face or body movements.			
22. Has difficulties in completing simple daily activities because of compulsory repetition of certain actions or thoughts.			
23. Has special routine; insists on no change			
24. Shows idiosyncratic attachment to objects.			
25. Is bullied by other children.			
26. Has markedly unusual facial expression.			
27. Has markedly unusual posture.			

# UCLA PEACE

Date

## **CBQ-PARENT**

Think back over the **last week** at home. The statements below have to do with you and your child.

Read the statement, and then decide if you believe the statement is true or false. You must circle either *true* or *false,* but never both for the same item. Answer for yourself, without talking it over with your spouse. Your answers will not be shown to your child. Answer each item according to the **past WEEK ONLY**.

1. My child is easy to get along with.	1. true	false
2. My child is receptive to criticism.	2. true	false
3. My child is well behaved in our discussions.	3. true	false
4. For the most part, my child likes to talk to me.	4. true	false
5. We almost never seem to agree.	5. true	false
6. My child usually listens to what I tell him/her.	6. true	false
7. At least three times a week, we get angry at each other.	7. true	false
8. My child says that I have no consideration of his/her feelings.	8. true	false
9. My child and I compromise during arguments.	9. true	false
10. My child often doesn't do what I ask.	10. true	false
11. The talks we have are frustrating.	11. true	false
12. My child often seems angry at me.	12. true	false
13. My child acts impatient when I talk.	13. true	false
14. In general, I don't think we get along very well.	14. true	false
15. My child almost never understands my side of an argument.	15. true	false
16. My child and I have big arguments about little things.	16. true	false
17. My child is defensive when I talk to him/her.	17. true	false
18. My child thinks my opinions don't count.	18. true	false
19. We argue a lot about rules.	19. true	false
20. My child tells me s/he thinks I am unfair.	20. true	false

#### **ISSUES CHECKLIST - PARENT**

Below is a list of things that sometimes get talked about at home.

Office use only:	
QI:	_
II:	_
WFI:	-

First go down **column A** for all 2 pages:

- Circle **YES** for the topics you and your teen have talked about at all during the last **TWO WEEKS**.
- Circle **NO** for the topics that have not come up during the past **TWO WEEKS**.

After you have finished go down column B:

- For **ONLY** those topics you circled **YES**, answer these two questions:
  - How many times during the last 2 weeks has it come up? (Give a number 1-14)
  - How intense are the discussions for each topic? (Circle a number)

	Α	B							
		YE			Calm A Little Angry		Angry		
1.	Telephone Calls	YES	NO		1	2	3	4	5
2.	Time for going to bed	YES	NO		1	2	3	4	5
3.	Cleaning up bedroom	YES	NO		1	2	3	4	5
4.	Doing homework	YES	NO		1	2	3	4	5
5.	Putting away clothes	YES	NO		1	2	3	4	5
6.	Using the television	YES	NO		1	2	3	4	5
7.	Cleanliness (washing, showers, brushing teeth)	YES	NO		1	2	3	4	5
8.	Which clothes to wear	YES	NO		1	2	3	4	5
9.	How neat clothing looks	YES	NO		1	2	3	4	5
10.	Making too much noise at home	YES	NO		1	2	3	4	5
11.	Table manners	YES	NO		1	2	3	4	5
12.	Fighting with brothers and sisters	YES	NO		1	2	3	4	5
13.	Cursing	YES	NO		1	2	3	4	5
14.	How money is spent	YES	NO		1	2	3	4	5
15.	Picking books or movies	YES	NO		1	2	3	4	5
16.	Allowance	YES	NO		1	2	3	4	5
17.	Going places without parents (shopping, movies, etc.)	YES	NO		1	2	3	4	5
18.	Playing stereo or radio too loudly	YES	NO		1	2	3	4	5

	Α	Α				В					
		YE	S/NO	# of Times?	Calm		A Little Angry		Angry		
19.	Turning off lights in house	YES	NO		1	2	3	4	5		
20.	Drugs	YES	NO		1	2	3	4	5		
21.	Taking care of records, games, bikes, pets and other things	YES	NO		1	2	3	4	5		
22.	Drinking beer or other liquor	YES	NO		1	2	3	4	5		
23.	Buying records, games, toys and things	YES	NO		1	2	3	4	5		
24.	Going on dates	YES	NO		1	2	3	4	5		
25.	Who should be friends	YES	NO		1	2	3	4	5		
26.	Selecting new clothes	YES	NO		1	2	3	4	5		
27.	Sex	YES	NO		1	2	3	4	5		
28.	Coming home on time	YES	NO		1	2	3	4	5		
29.	Getting to school on time	YES	NO		1	2	3	4	5		
30.	Getting low grades in school	YES	NO		1	2	3	4	5		
31.	Getting in trouble at school	YES	NO		1	2	3	4	5		
32.	Lying	YES	NO		1	2	3	4	5		
33.	Helping out around the house	YES	NO		1	2	3	4	5		
34.	Talking back to parents	YES	NO		1	2	3	4	5		
35.	Getting up in the morning	YES	NO		1	2	3	4	5		
36.	Bothering parents when they want to be left alone	YES	NO		1	2	3	4	5		
37.	Bothering teenager when he/she wants to be left alone	YES	NO		1	2	3	4	5		
38.	Putting feet on furniture	YES	NO		1	2	3	4	5		
39.	Messing up the house	YES	NO		1	2	3	4	5		
40.	What time to have meals	YES	NO		1	2	3	4	5		
41.	How to spend free time	YES	NO		1	2	3	4	5		
12.	Smoking	YES	NO		1	2	3	4	5		
43.	Earning money away from the house	YES	NO		1	2	3	4	5		
14.	What teenager eats	YES	NO		1	2	3	4	5		

#### UCLA Parenting & Children's Friendship Program INSURANCE INFORMATION FORM

We cannot guarantee our services will be covered by any particular health insurance program. Therefore, it is your responsibility to confirm your own coverage and if necessary obtain pre-authorization for our services. If your insurance company does not cover our program, we offer a self-pay fee of \$683.00\* for the initial intake appointment.

Please complete the form below. When we schedule your initial evaluation at UCLA, we will have our finance department verify your insurance coverage.

#### HEALTH INSURANCE (our services usually fall under behavioral or mental health)

Insurance Provider: PPO DOS
Subscriber/ Guarantor Name:
DOB of subscriber:Relationship of Subscriber to patient:
Policy/Member ID/ Certificate #:
Group # (if applicable):
Subscriber's Employer:
Employer's Address:
Employer's Phone #:
Phone # for customer service (mental/behavioral health):
Authorization # (if applicable*):
*Many managed care insurance providers require their customers to call the customer service number on their insurance card and get pre-
authorization for services prior to an initial appointment. Please obtain an authorization number to see Cynthia Whitham, L.C.S.W. for an -
outpatient initial evaluation at UCLA (CPT code 90791).
The CPT for outpatient group therapy is 90853. Our facility code is 95-4377221 – UCLA Practice Plan
SELF-PAY

Self-pay fees:

- \$683.00\* for intake appointment
- Please reach out to parenting@mednet.ucla.edu for current weekly self-pay rates
- Guarantor name: \_\_\_\_\_ Relationship of guarantor to patient: \_\_\_\_\_\_
- DOB of guarantor: \_\_\_\_\_\_

\*All fees may be subject to change without notice.